

February 2023

BREAKFAST MENU

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Biscuit & Gravy Assorted Fruit 100% Fruit Juice Milk	2 French Toast Sticks Syrup Assorted Fruit 100% Fruit Juice Milk	3 Whole Grain Super Donut Assorted Fruit 100% Fruit Juice Milk
6 Whole Grain Cereal Whole Grain Toast and Jelly Assorted Fruit 100% Fruit Juice Milk	7 Sausage & Egg Biscuit Assorted Fruit 100% Fruit Juice Milk	8 Biscuit & Gravy Assorted Fruit 100% Fruit Juice Milk	9 eLearning Day	10 Buttermilk Pancakes with Syrup Assorted Fruit 100% Fruit Juice Milk
13 Pizza Bagel Assorted Fruit 100% Fruit Juice Milk	14 Waffles topped with Strawberries Assorted Fruit 100% Fruit Juice Milk	15 Biscuit & Gravy Assorted Fruit 100% Fruit Juice Milk	16 Warm Cinnamon Roll Assorted Fruit 100% Fruit Juice Milk	17 Egg & Cheese Biscuit Assorted Fruit 100% Fruit Juice Milk
20 Manager's Choice No School/Snow Make-up Day	21 Whole Grain Chocolate Muffin Assorted Fruit 100% Fruit Juice Milk	22 Biscuit & Gravy Assorted Fruit 100% Fruit Juice Milk	23 Yogurt Parfait Graham Crackers Assorted Fruit 100% Fruit Juice Milk	24 Bacon, Eggs, & Toast with Honey or Jelly Assorted Fruit 100% Fruit Juice Milk
27 Buttermilk Pancakes with Syrup Assorted Fruit 100% Fruit Juice Milk	28 Toasted Mozzarella Cheese Sandwich Assorted Fruit 100% Fruit Juice Milk	<p style="text-align: center;">Menu is subject to change at any time.</p> <p style="text-align: right;">THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.</p>		

February 2023

Elementary Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Beef Ravioli in Meat Sauce Garlic Toast -OR- Grilled Chicken Sandwich Romaine Salad Garden Peas Assorted Fruit Milk	2 Country Fried Steak & Gravy Dinner Roll -OR- Sliced Turkey on Bun Whipped Potatoes Lima Beans Assorted Fruit Milk	3 SACK LUNCH DAY! Hot Dog -OR- Uncrustable PB&J Baked Chips Fresh Carrots and Celery Cookie Assorted Fruit Milk
6 Chicken Chunks -OR- Fish Sticks Macaroni and Cheese Green Beans Mixed Vegetables Assorted Fruit Milk	7 Chili with Peanut Butter Sandwich -OR- Toasted Cheese Sandwich Baby Carrots Pickle Spears Assorted Fruit Milk	8 Hot Ham & Cheese on Naan Bread -OR- Grilled Chicken Sandwich Baked Beans Crispy Potato Wedges Assorted Fruit Milk	9 eLearning Day	10 Pepperoni Pizza -OR- Cheeseburger Romaine Salad Corn Assorted Fruit Milk
13 Corn Dog -OR- Fish Sandwich Oven Fries Green Beans Sour Cherries Fruit Chews Assorted Fruit Milk	14 Italian Spaghetti -OR- Chicken Patty Broccoli Corn Ice Cream Cup Assorted Fruit Milk	15 Deli Sub with Turkey, Ham, & Cheese -OR- Uncrustable PB&J Baked Beans Baked Chips Cole Slaw Assorted Fruit Milk	16 Sweet & Sour Chicken over Spaghetti Noodles -OR- Hamburger on Bun California Blend Vegetables Steamed Carrots Assorted Fruit Milk	17 Cheese Pizza -OR- Hot Dog Tossed Salad Mixed Vegetables Assorted Fruit Milk
20 Manager's Choice No School/Snow Make-up Day	21 Cheese & Pepperoni Stuffed Sandwich -OR- PB&J Sandwich Oven Fries Green Beans Assorted Fruit Milk	22 Breakfast for Lunch Buttermilk Pancakes Syrup Sausage Hashbrown Potatoes Steamed Carrots Warm Cinnamon Apples Assorted Fruit Milk	23 Turkey & Gravy over Whole Grain Bread -OR- Fish Sandwich Whipped Potatoes Broccoli Assorted Fruit Milk	24 Walking Taco with Lettuce, Cheese & Sour Cream -OR- Toasted Cheese Sandwich Black Beans Corn Assorted Fruit Milk
27 Pulled Pork BBQ on Bun -OR- Grilled Chicken Sandwich Spicy Fries Green Beans Assorted Fruit Milk	28 Chicken Noodle Soup Toasted Mozzarella Cheese Sandwich -OR- Ham Sandwich Baby Carrots Pickle Spears Assorted Fruit Milk	 <i>This institution is an equal opportunity provider.</i> Menu is subject to change at any time.		

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Jr. & Sr. High Menu

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Nacho Grande with Lettuce, Cheese & Salsa Spanish Rice Refried Beans Corn Assorted Fruit Milk	2 Country Ham Slice Whole Grain Dinner Roll Whipped Potatoes and Gravy Broccoli Assorted Fruit Milk	3 Sweet & Sour Chicken over Spaghetti Noodles Sugar Snap Peas Steamed Carrots Assorted Fruit Milk
6 Pulled Pork BBQ on Bun Baked Beans Corn on the Cob Baked Chips Assorted Fruit Milk	7 Cheddar BBQ Chicken Breast on Bun Oven Fries Garden Peas Assorted Fruit Milk	8 Chili with Peanut Butter Sandwich Shredded Cheese Baby Carrots Pickle Spears Assorted Fruit Milk	9 eLearning Day	10 French Bread Pizza Romaine Salad with Lite Ranch Dressing Mixed Vegetables Assorted Fruit Milk
13 Breakfast for Lunch Biscuit & Gravy Sausage Steamed Carrots with Brown Sugar Glaze Hashbrown Potatoes Warm Cinnamon Apples Assorted Fruit Milk	14 Taco in a Bag with Lettuce & Cheese Corn Black Beans Valentine Cake Assorted Fruit Milk	15 Chicken Noodle Soup Wheat Crackers Toasted Cheese Sandwich Pickle Spears Baby Carrots with Lite Ranch Dressing Assorted Fruit Milk	16 Turkey & Gravy over Whole Grain Bread Whipped Potatoes & Gravy Green Beans Cookie Assorted Fruit Milk	17 Cheese & Pepperoni Stuffed Sandwich Garden Peas Romaine Salad Ranch Dressing Assorted Fruit Milk
20 MANAGER'S CHOICE IF SCHOOL IS IN SESSION	21 Deli Sub with Turkey, Ham, & Cheese Baked Chips Pickle Spears Cole Slaw Assorted Fruit Milk	22 Italian Spaghetti Shredded Cheese Crispy Breadstick Romaine Salad Garden Peas Assorted Fruit Milk	23 Baked Chicken Whole Grain Dinner Roll Roasted Red Potatoes Steamed Carrots Assorted Fruit Milk	24 Hot Ham & Cheese on Naan Bread Spicy Fries Baked Beans Assorted Fruit Milk
27 Coney Dog Macaroni and Cheese Baby Carrots with Lite Ranch Dressing Mixed Vegetables Assorted Fruit Milk	28 Chicken Fajitas Whole Grain Nachos with Cheese Sauce Refried Beans Corn Assorted Fruit Milk	Menu is subject to change at any time.		
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