

July 12, 2021

Dear Parent/Guardian,

The School Breakfast Program is available to all students every weekday morning in the school cafeteria at <u>NO CHARGE</u> to <u>ALL</u> students. Additional student breakfast cost is \$1.35. You do not have to register your child in advance. Your child can eat breakfast at school every day or only occasionally. School breakfast makes good sense – every day, students are offered meals that include servings of fruit, whole grain-rich items, and low fat or fat free milk. These breakfasts are well balanced and follow standards backed by the best nutritional science available. Participation in the program also affords children a chance to enjoy a morning meal with their friends.

School Breakfast is an ideal solution on busy mornings when kids are running late or parents have to be at work early. Whatever the reason, if breakfast at home is not convenient, please have your child take advantage of breakfast here at school so that they may enjoy the numerous benefits of starting their day with a healthy meal.

Thank you for helping us to make sure that all of our students start the school day alert, well-fed, and ready to learn.

Sincerely,

Judy Brooks Nutrition and Wellness Coordinator